



Day Hikes along SW Virginia's Appalachian Trail



Sunday, March 23	Monday, March 24	Tuesday, March 25	Wednesday, March 26	Thursday, March 27	Friday, March 28
Registration 4:00 - 5:00 pm	Breakfast 7:30 - 9:00 am	Breakfast 7:30 - 9:00 am	Breakfast 7:30 - 8:30 am	Breakfast 7:30 - 8:30 am	Breakfast 7:30 - 9:00 am
Wine & Cheese Social Hour 5:00 - 6:00 pm	"The Views" of the Overlook 9:00 - 11:30 am	Shuttle Ride & Hike to Dismal Falls 9:00 - 4:30 pm	Shuttle Ride & Hike to Sawtooth Ridge 8:30 - 4:15 pm	Shuttle Ride & Hike to McAfee Knob 8:30 - 4:30 pm	Appalachian Trail: Insights & Send Off 9:00 - 10:30 am
Dinner 6:00 - 7:00 pm	Lunch 12:00 - 1:30 pm	Bagged Lunch 12:00 - 1:00 pm	Bagged Lunch 12:00 - 1:00 pm	Bagged Lunch 12:00 - 1:00 pm	Check Out 10:30 am
Orientation 7:30 pm	Essentials of Backpacking 2:00 - 4:00 pm	Return Shuttle Ride 4:30 - 5:30 pm	Return Shuttle Ride 4:15 - 5:30 pm	Dinner in Roanoke 5:00 - 7:00 pm	
	Dinner 5:30 - 6:30 pm	Dinner 5:30 - 7:00 pm	Dinner 5:30 - 7:00 pm	Return Shuttle Ride 7:00 - 8:15 pm	
	Hiking along the AT 7:30 - 8:30 pm	Leave No Trace Hiking and Backpacking 7:30 - 8:30 pm	How to Make Your Own Backpacking Stove 7:30 - 8:30 pm	Free Evening Bonfire on Front Lawn Lit 7:30 pm	